

## A few important things to remember

All women with an abnormal screening mammogram result should have careful follow-up. Making an appointment with Hugh Chatham Surgical immediately is an important step that will help explain your results and further discuss other tests you might need.

Having an abnormal mammogram can be stressful. Remember that 9 out of 10 women who go for extra tests do not have breast cancer. If you do have breast cancer, finding it early gives you more choices and better treatment results.

## Locations

### Elkin Office:

101-A Eldon Parks Drive Elkin, NC 28621

### Sparta Office:

Alleghany Memorial Hospital

233 Doctors Street Sparta, NC 28675

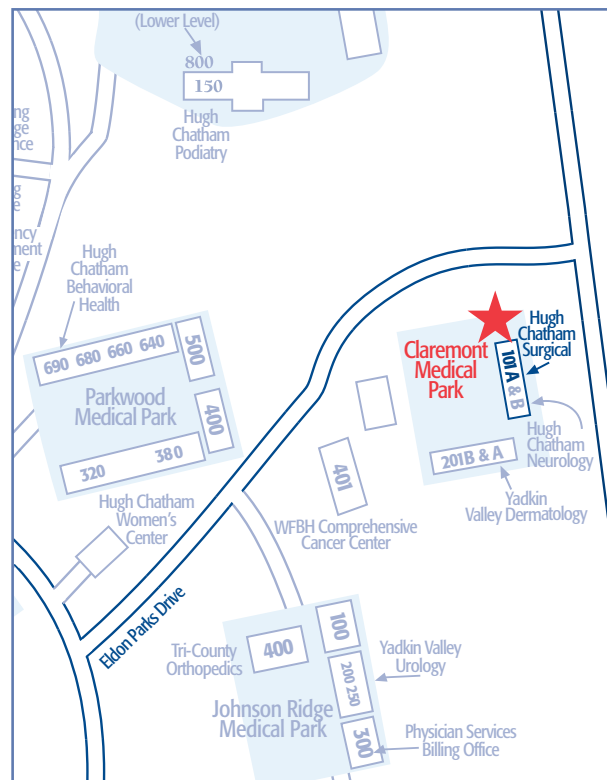
## Hours

Monday-Thursday 8:30 a.m. - 5 p.m.

Friday 8 a.m. - 12 p.m.

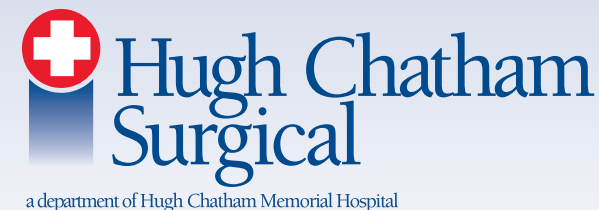
## Insurance

Hugh Chatham Surgical accepts all major insurance plans, including Medicare and most PPO plans. Please contact our office with any questions.



101-A Eldon Parks Drive  
Elkin, NC 28621  
336-835-2349

[HughChathamSurgical.com](http://HughChathamSurgical.com)



## The Breast Clinic

### Understanding Your Abnormal Mammogram Results



## Experienced, compassionate care lives here



Tucker Jennings, MD

Dr. Tucker Jennings is a board certified general surgeon with special interest and experience in diagnostic and surgical procedures of the breast.

Hugh Chatham Surgical offers a breast clinic every Thursday, which provides patients with easy access to the highest quality of comprehensive diagnostic and surgical care in the region.

## What does an abnormal result mean?

An abnormal result means you need more tests. About 7% of women who have a screening mammogram are asked to get more tests. Only a few women with abnormal results have breast cancer.

These are the common reasons for an abnormal result. They are not dangerous and are not cancer:

- Cysts (fluid-filled sacs)
- Fibroadenomas (small benign lesions that do not spread)
- Small calcium deposits

## What are the additional tests?

Your extra tests depend on the type of abnormality that was found. These tests will help the healthcare provider rule out cancer or decide what the next steps should be.

Additional tests, in order from most to least common are:

- **Diagnostic mammogram:** This special x-ray of the breast gives more information than a screening mammogram.
- **Clinical examination:** Your healthcare provider examines your breasts for lumps, irritation, rash or dimpling.
- **Ultrasound:** A machine uses ultrasound waves to detect whether a breast lump is solid or fluid.
- **Biopsy:** A small sample of tissue is taken from the abnormal area for further study.



## My doctor has recommended a biopsy – what should I expect?

Your doctor has recommended that you have a breast biopsy because an abnormality was discovered on your image. To determine if further treatment is necessary, your biopsy will provide your doctor with more answers.

Hugh Chatham Surgical offers different types of breast biopsies, including stereotactic and ultrasound guided biopsies. These are needle biopsies that are conducted on an outpatient basis and are non-scarring and non-surgical. You can go home shortly after the procedure.

**Your best protection against breast cancer is early detection.**

**For more information, please contact  
Hugh Chatham Surgical at 336-835-2349 or  
visit our website at  
[HughChathamSurgical.com](http://HughChathamSurgical.com).**