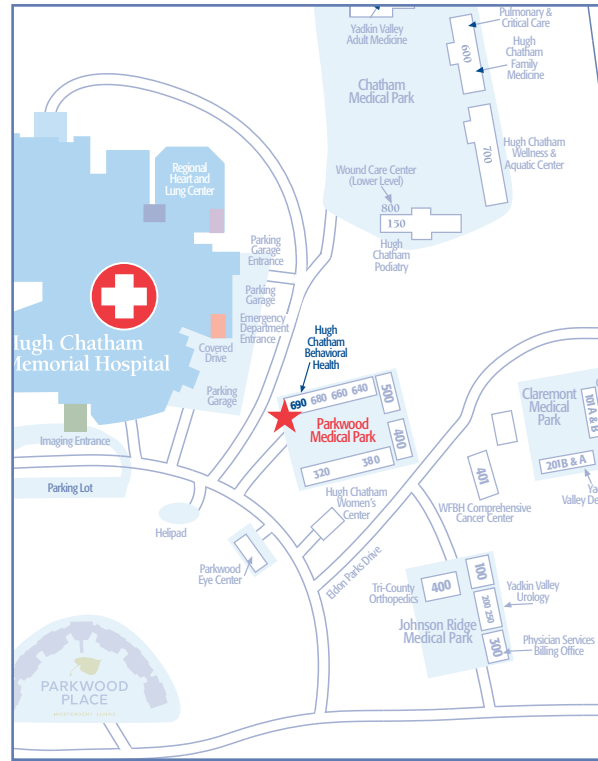


Behavioral Health Services

- Comprehensive patient evaluations to ensure appropriate diagnosis and treatment.
- Counseling and education of mental health issues.
- Management of mental health issues including but not limited to medication management.
- Personalized behavioral health treatment plan to improve quality of life, including psychotherapy, cognitive behavioral therapy, Eye Movement Desensitization and Reprocessing (EMDR) and other treatment modalities.
- Follow up appointments to ensure continued care.

Dr. Bourgeois works with each person to create and maintain a behavioral health plan that meets their individual needs.



Appointments

By referral and appointment

Hospital Privileges

Hugh Chatham Memorial Hospital

Hours

Monday – Thursday, 7:15 a.m. – 5 p.m.



690 Parkwood Medical Park
Elkin, NC 28621
336-526-2619

HughChathamBehavioralHealth.com



Dedicated to your good health



Lee M. Bourgeois, MD, FAPA



Jordan Hutson, MA, LPC

Dr. Bourgeois is board-certified by the American Board of Psychiatry & Neurology. He completed his Psychiatry Residency at Wake Forest Baptist Medical Center in Winston-Salem, where he served as Chief Resident. Dr. Bourgeois provides complete evaluation, diagnosis and treatment for the behavioral health needs of adults aged 18 and older.

Dr. Bourgeois opened Hugh Chatham Behavioral Health in 2014. As a department of Hugh Chatham Memorial Hospital, Dr. Bourgeois has admitting privileges to the hospital, as well as full support from the hospital staff and its numerous affiliated primary care and specialty practices.

Jordan Hutson, MA, LPC is a licensed clinical professional counselor with undergraduate and graduate degrees (Mental Health Counseling) from Gardner-Webb University. Jordan is experienced in building effective therapeutic plans to assist patients in managing their mental health issues.

As a department of Hugh Chatham Memorial Hospital, you can trust that you are receiving comprehensive care.

We're here to help!

As a Psychiatrist, Dr. Bourgeois is a physician who specializes in the diagnosis, treatment, and prevention of mental health issues. Because of his extensive medical training, he understands your concerns and the complex relationship between mental health issues and medical illnesses.

Like other illnesses and diseases, mental health issues range from severe and life-threatening disorders to relatively mild and self-limiting conditions. Approximately 43.7 million adults – **nearly 1 in 5 adults** – suffer from mental health issues, ranging from severe disorders like schizophrenia and bipolar disorder, to more common, yet disabling depressive and anxiety disorders.

We believe that full recovery is possible, and treatment may include therapy/counseling, medication when appropriate, and looking at your lifestyle and nutrition habits as they may be influencing your behavior. Every patient is different, and we work with you personally to determine the best course of treatment for your particular needs.

Your good health is our highest priority, and we look forward to working with you.



Do you have any of these symptoms?

- Depressed mood
- Anxiety
- Panic attacks
- Impulsivity
- Phobias
- Sleep disturbances
- Paranoia
- Body image problems
- Concentration problems
- Hallucinations
- Grief
- Mood swings

If you said yes to one or any combination of these symptoms, contact Hugh Chatham Behavioral Health to schedule an appointment. We also accept referrals from other physicians.

Our number is 336-526-2619.